

SYNAPSIA

A MAGAZINE FOR THE BRAIN TRUST CHARITY



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The Revolution in Pakistan's Education System

Words by Sania Alam

Education is the most fundamental human right, yet so many are not only deprived of it but rather misguided as to what it means to acquire education.

The very purpose of education is to have an enlightening experience while one learns new knowledge. It's an experience of recording the information, retaining it and recalling it at a desired time. Education is learning and growing into the expands of your brain and mind. It's about tapping into the vast unlimited potential of who you are.

However, unfortunately the teachers of Pakistan or should I say teachers around the globe, with the exception of few countries, don't know how to TEACH. Teachers don't know the science behind the learning mechanism of the human brain, therefore they are unable to rightly teach the students HOW to learn and HOW to truly acquire the information being presented.

According to an article published in Dawn Newspaper, statistics show that "25.02 million boys and girls of Pakistan between the ages of 5 and 16 are not in school". While this is an alarming number of children without any education, what's even more disastrous is that those who are able to attend schools and acquire any kind of education are not so fortunate as well, because they are being catered by teachers and a learning system that adheres to such principles of learning that are most outdated and limited.

Let's start by pondering upon a few facts below. These facts are the crux to understanding the failures of education systems.

□ Why is it that only one student tops in each grade while the rest of the class falls behind? If everyone in the class is learning the same subject, from the same teacher, why doesn't every student excel at the same percentage (100%)?

□ Most students ace their grades by rote method. Cramming as much information into the brain as possible before the exam, then immediately forgetting all that information after the exam. Never implementing that information later-on in life because it was only temporarily stored in short-term memory to pass exams.

□ Why is there no education made available in schools regarding HOW TO LEARN what you are LEARNING? Parents tell children to go to school and learn. Teachers tell students to go home and prepare for exams. But no one really tells the students how to study, how to learn, how to prepare for exams.

□ While we all know how incredible the human brain is, how come on average, every individual struggle to get their brain to work as amazingly as it's designed to do so? Working only on a fraction of what the brain is truly capable of.

□ Why does it take years of education to only read a few text books, pass a few exams, write an essay etc. Why is learning so slow? Does it really take years and years to cover all that literacy information? I, myself was able to achieve accelerated learning, and via home schooling, I was able to study hundreds of books, give countless exams, and finish high school's 4 years study program in just 10 months and receive my high school diploma at the age of 11 in the United States of America.



(From left to right) Renowned Actress Hina Altaf Khan, Actress Mahi Baloch, and Actress Mahrukh Rizvi at the Inaugural Ceremony of Institute of Human Memory Development.

□ Neuroscientists have found that the human brain can process entire images that the eye sees for as little as 13 milliseconds. If the brain is capable of such speed then why do we take days and years to read something that could take as little as minutes, hours or just a few days?

The above questions and facts highlight a very important element, that the education system is failing to develop and implement ways in which students can accelerate learning and develop their true abilities.

The Fascinating Facet of Human Brain - MEMORY

MEMORY, an incredibly complex system that allows us to record, retain and recall information.

Scientific research has shown that the storage capacity of the human brain is virtually limitless, and that the brain's long-term memory can hold as many as 1 quadrillion bits of information in a lifetime.



Training-in-session at the facility of Institute of Human Memory Development.

The human brain consists of billions of neurons. Each neuron forms thousands of connections to other neurons, amounting to more than a trillion connections. Neurons combine so that each one helps with many memories at a time, exponentially increasing the brain's memory storage capacity.

Memory loss or weak memory is NOT associated with aging. Memory loss is generally because we tend to exercise our brains less often than we should. The brain/mind must be exercised just like any other muscle in the body. And it is through this continuous muscle building that you become an expert in memory, just like in any other field such as an Olympic Athlete. Recently, a living proof of this is none other than the eight times World Memory Champion, Dominic O'Brien who participated in the 2017 World Memory Championship to prove that his memory is as sharp even at the age of 60.

THE SOLUTION FOR THE PAKISTAN'S EDUCATION SYSTEM

Combining the extraordinary trainings of Professor Tony Buzan, the Mind Mapping, Speed Reading and Memory trainings, as well the memory training program of the eight times World Memory Champion, Dominic O'Brien, we have launched an Institute of Human Memory Development (IHMD) in Pakistan for the first time ever, aiming to help children, the leaders of tomorrow, to achieve Accelerated Learning.

In collaboration and support of Tony Buzan, Ray Keene OBE, Dominic O'Brien and the entire team, the education system of Pakistan will see a rise in its teaching methods. More and more students will rise above themselves as they learn to tap into their unlimited potential and become intelligent and highly capable leaders who will guide Pakistan into a better Future!

At Institute of Human Memory Development, we use state-of-the-art trainings and technologies to educate students on HOW the Brain, Mind and Heart LEARNS information. In other words, we teach one of the most important fundamentals of LEARNING which the education systems across the globe fail to teach... LEARNING HOW TO LEARN.

To learn more about Institute of Human Memory Development and its training programs, please visit our website at www.ihmd.co



Sania Alam, training-in-session at the facility of Institute of Human Memory Development.